

HKIA Awards

Lifetime Distinguished Service to HKIA

Dr. Christopher LAI

Dr. Christopher Lai is one of the founding members and past Presidents of the Hong Kong Institute of Allergy. He graduated from the University of HK in 1978 and pursued his training in Respiratory Medicine in Aberdeen, Scotland from 1984-1986. From 1986 to 1989, he was a research fellow in Respiratory Medicine and Clinical Allergy under the guidance of Professor Sir Stephen HOLGATE in Southampton, England. There, he developed his great passion for the discipline of Allergy.

Since returning to HK, Dr. Lai joined the Faculty of Medicine of the Chinese University of Hong Kong rising rapidly from a lecturer to senior lecturer and then to Professorship and Chief of Respiratory Medicine in 1998. He has since gone into Private Practice for more than 2 decades but remains an honorary clinical professor with the university.

From the 1990s, while at the Chinese University, Dr. Lai was very active in research and published over 150 papers in peer reviewed journals. He was a member of the steering committee of the world-renowned ISSAC study which, not only documented the breadth and depth of the global prevalence of Allergic Diseases, but also raised the awareness of Allergy among the public and the professionals worldwide. He has also been active in the international allergy fraternity, being a fellow of the American Academy of Asthma Allergy and Clinical Immunology and a past member of the executive committee of the Asia Pacific Association of Asthma, Allergy and Clinical Immunology.

Dr. Lai is renowned for his clinical acumen, taught many medical students, mentored numerous young physicians, and is a very popular physician in high demand. For the Hong Kong Institute of Allergy, Dr. Lai's extensive network, his fund-raising ability, his selfless services, his insightful comments and his humor have all contributed to the successful growth of the HK Institute of Allergy and the increasing prominence of all our Hong Kong Allergy Conventions.

Dr. Lai is an exemplary model for all of us and is very deserving for the Award of Lifetime Distinguished Service to the Hong Kong Institute of Allergy.